

EFFECTIVE THEORIES ~~AND FUNDAMENTAL THEORIES~~

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Outline

- Case: Nuclear Forces
- Effective Field Theories
- Nuclear EFTs
- Summary

There are few problems in theoretical physics which have attracted more attention than that of trying to determine the fundamental interaction between two nucleons.

It is also true that scarcely ever has the world of physics owed so little to so many. (...)

It is hard to believe that many of the authors are talking about the same problem or, in fact, that they know what the problem is.

M. L. Goldberger
*Midwestern Conference on Theoretical
Physics, Purdue University, 1960*



The Nuclear Force Problem: Is the Never-Ending Story Coming to an End?

R. Machleidt

Department of Physics, University of Idaho, Moscow, Idaho, U.S.A.

Table 1. Seven Decades of Struggle: The Theory of Nuclear Forces

1935	Yukawa: Meson Theory
1950's	<i>The "Pion Theories"</i> One-Pion Exchange: o.k. Multi-Pion Exchange: disaster
1960's	Many pions \equiv multi-pion resonances: $\sigma, \rho, \omega, \dots$ The One-Boson-Exchange Model
1970's	Refine meson theory: Sophisticated 2π exchange models (Stony Brook, Paris, Bonn)
1980's	Nuclear physicists discover QCD Quark Cluster Models
1990's and beyond	Nuclear physicists discover EFT Weinberg, van Kolck Back to Meson Theory! <i>But, with Chiral Symmetry</i>

No
renormalization-group
invariance

split with particle physics

Life with
models:
refined description
of two-body scattering;
three-body forces?



Quantum Monte Carlo Calculations of Light Nuclei

$$v_{ij}^{\pi} + v_{ij}^R = \sum_{p=1,18} v_p(r_{ij}) O_{ij}^p$$

Steven C. Pieper and R. B. Wiringa

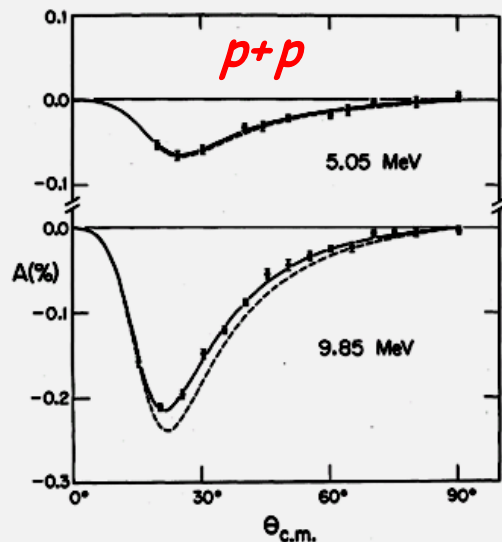
Physics Division, Argonne National Laboratory, Argonne, IL 60439;
email: spieper@anl.gov, wiringa@anl.gov

$$O_{ij}^{p=1,14} = [1, \sigma_i \cdot \sigma_j, S_{ij}, \mathbf{L} \cdot \mathbf{S}, \mathbf{L}^2, \mathbf{L}^2(\sigma_i \cdot \sigma_j), (\mathbf{L} \cdot \mathbf{S})^2] \otimes [1, \tau_i \cdot \tau_j]$$

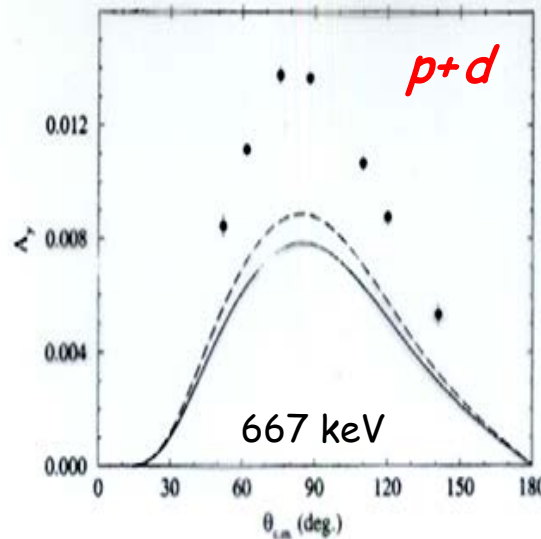
$$O_{ij}^{p=15,18} = [1, \sigma_i \cdot \sigma_j, S_{ij}] \otimes T_{ij}, \text{ and } (\tau_{zi} + \tau_{zj})$$

from T.B. Clegg

Barker *et al.*, PRL **48** (1982) 918



Brune *et al.*, PRC **63** (2001) 044013



Angular distribution for A_y for p-d scattering at $E_{c.m.} = 667$ keV. The errors include the uncertainty in the beam polarization as well as statistical uncertainties. The solid and dashed curves are calculations with the AV18 and AV18+UR potentials, respectively.

Fisher *et al.*, PRC **74** (2006) 034001

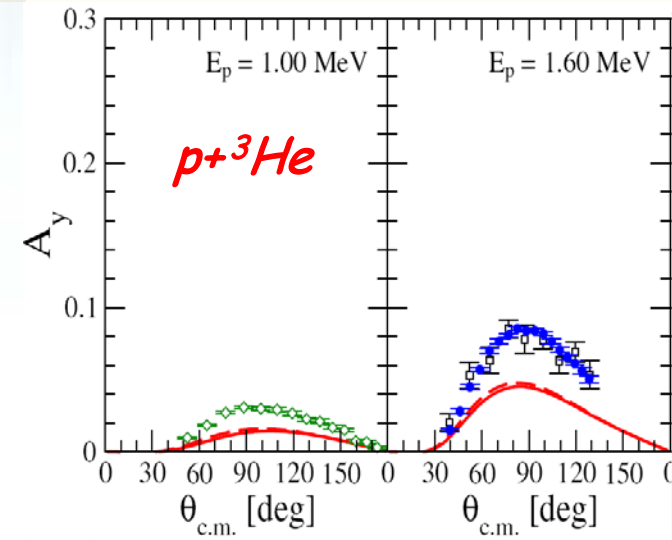
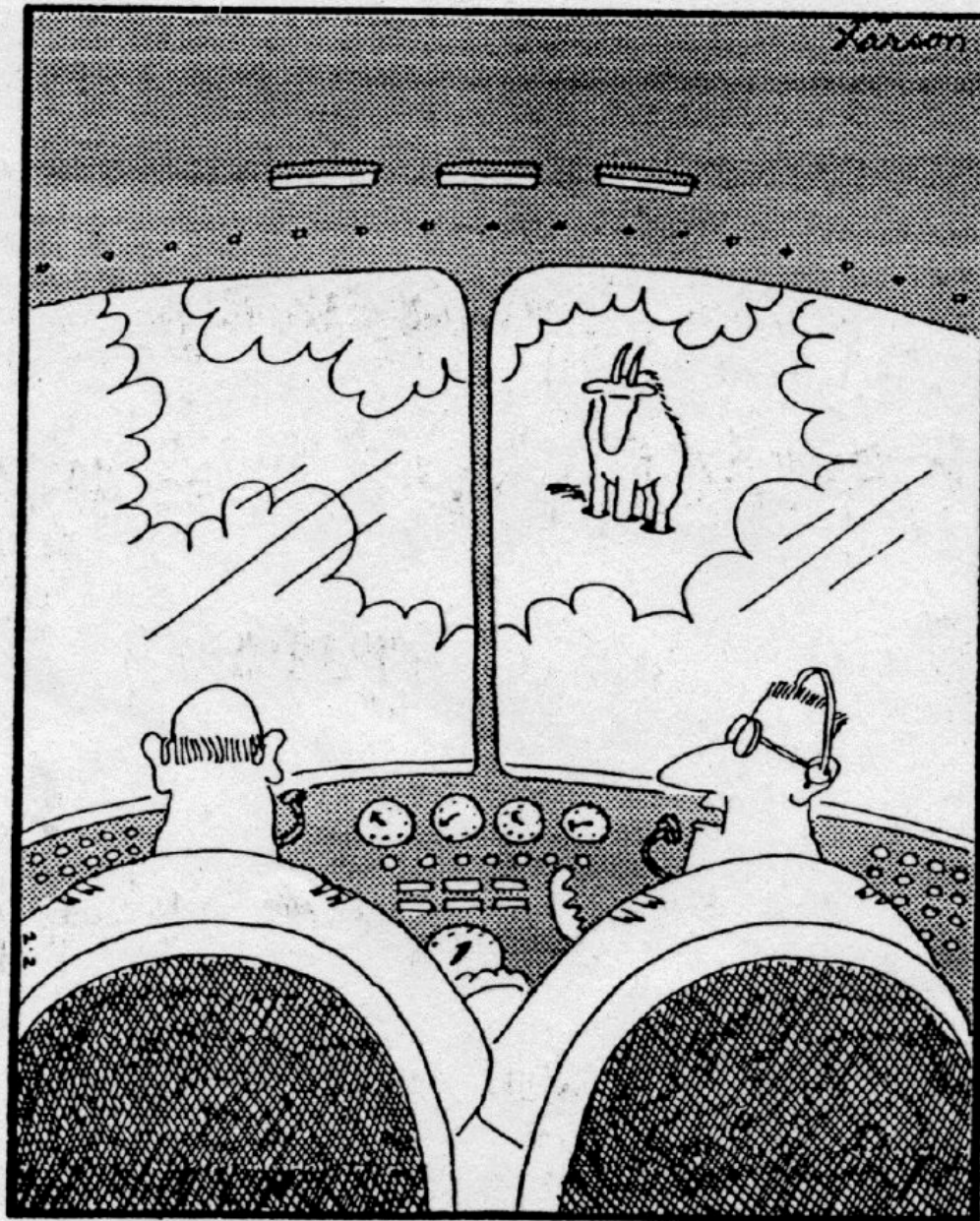


FIG. 5. (Color online) Measured p - ^3He proton analyzing power A_y (solid circles) at five different energies are compared with the data of Ref. [10] (open squares), Ref. [22] (open diamonds), and Ref. [67] (open circles). Curves show the results of theoretical calculations for the AV18 (dashed lines) and AV18/UIX (solid lines) potential models.



Time for a
paradigm
change,
perhaps?

"Say . . . What's a mountain goat doing way
up here in a cloud bank?"

The Nuclear Force Problem: Is the Never-Ending Story Coming to an End?

R. Machleidt

Department of Physics, University of Idaho, Moscow, Idaho, U.S.A.

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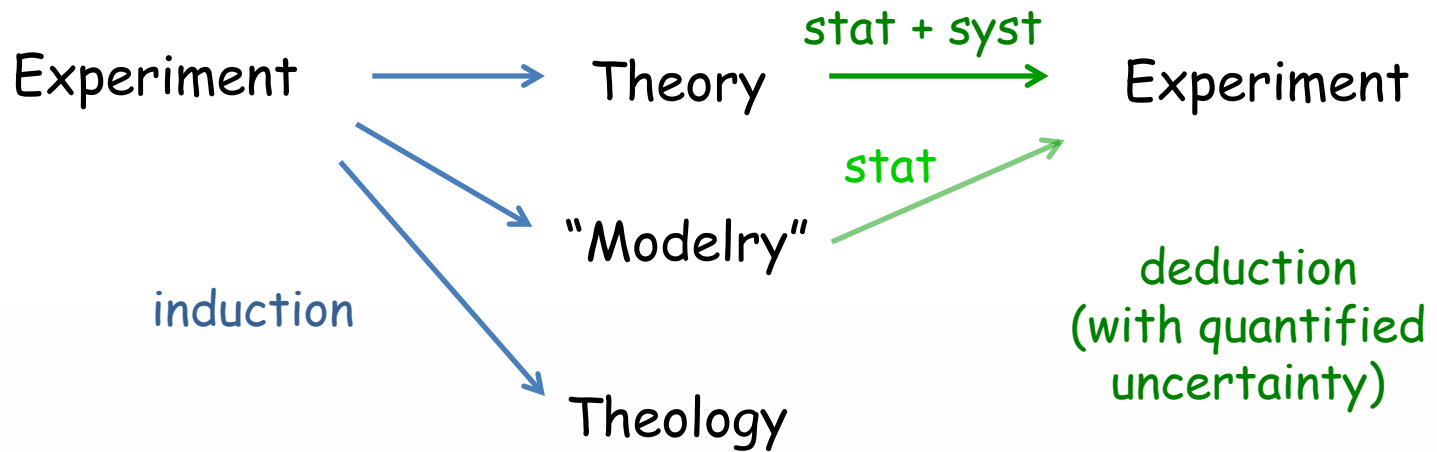
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No
renormalization-group
invariance

split with particle physics

Life with
models:
refined description
of two-body scattering;
three-body forces?





Post-quantum mechanics
("realistic"?) attitude:
only observable quantities
(S-matrix elements) matter

experiments only probe finite momenta Q

i.e. only distances $\Delta r \gtrsim 1/Q$

Here

$$\hbar = 1, c = 1$$

$$[m] = [E] = [\vec{p}]$$

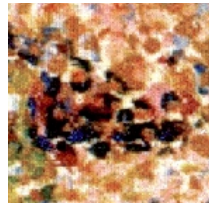
$$= [\vec{x}]^{-1} = [t]^{-1}$$

EFFECTIVE (FIELD) THEORIES[©]

Ingredients

- Relevant degrees of freedom





Ingredients

- Relevant degrees of freedom

choose the coordinates that fit the problem

- All possible interactions



Example: Earth-moon-satellite system



$$R_m \approx 1.7 \text{ Mm}$$

$$d \approx 384 \text{ Mm}$$

$$R_E \approx 6.4 \text{ Mm}$$

2-body forces \rightarrow 2+3-body forces

change in resolution

"renormalization group"



Wikipedia

Ingredients

- Relevant degrees of freedom

choose the coordinates that fit the problem

- All possible interactions

what is not forbidden is compulsory

- Symmetries



A farmer is having trouble with a cow whose milk has gone sour. He asks three scientists—a biologist, a chemist, and a physicist—to help him. The biologist figures the cow must be sick or have some kind of infection, but none of the antibiotics he gives the cow work. Then, the chemist supposes that there must be a chemical imbalance affecting the production of milk, but none of the solutions he proposes do any good either. Finally, the physicist comes in and says,
 "First, we assume a spherical cow..."



$$\sum_{ij} \alpha_{ij} u_i v_j \rightarrow \vec{u} \cdot \vec{v} + \sum_{ij} \delta \alpha_{ij} u_i v_j$$

$$\text{no, say, } u_1 v_2 \quad \left| \delta \alpha_{ij} \right| \ll 1$$

amenable to
perturbation theory

Ingredients

- Relevant degrees of freedom

choose the coordinates that fit the problem

- All possible interactions

what is not forbidden is compulsory

- Symmetries

not everything is allowed

- Naturalness



After scales have been identified,
the remaining, dimensionless parameters are

$$\mathcal{O}(1)$$

unless suppressed by a symmetry

cow
non-sphericity

...

Occam's razor:

simplest assumption, to be revised if necessary

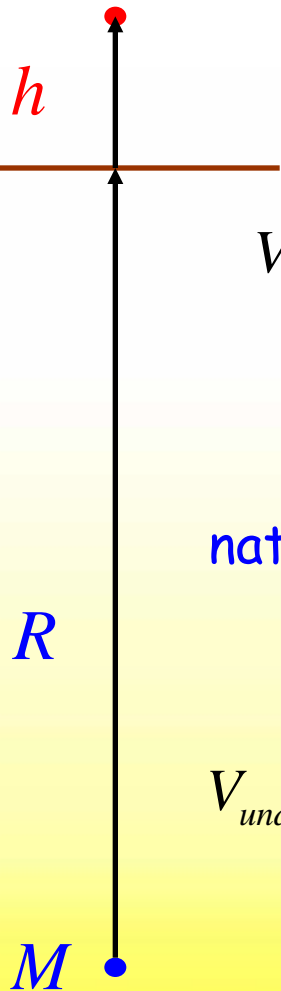
fine-tuning!

➡ Expansion in powers of

$$\frac{Q}{M}$$

mass scale of
underlying theory

A classical example: the flat Earth light object near surface of a large body



$$E \sim mgh \ll E_{und} \equiv mgR \quad \left\{ \begin{array}{l} \text{d.o.f.: mass } m \\ \text{sym: } V_{eff}(h, x, y) = V_{eff}(h) \end{array} \right.$$

$$V_{eff}(h) = m \sum_{i=0}^{\infty} g_i h^i = \text{const} + mg \{ h + \eta h^2 + \dots \}$$

parameters

(neglecting
quantum
corrections...)

naturalness: $\frac{mg_{i+1}h^{i+1}}{mg_i h^i} = \frac{E}{E_{und}} \times \mathcal{O}(1) = \frac{h}{R} \times \mathcal{O}(1) \iff g_{i+1} = \mathcal{O}\left(\frac{g}{R^i}\right)$

$$V_{und}(h) = -GMm \frac{1}{R+h} = m \left(\frac{GM}{R^2} \right) \sum_{i=0}^{\infty} \left(\frac{-1}{R} \right)^{i-1} h^i \Rightarrow g_{i+1} = (-1)^i \frac{g}{R^i}$$

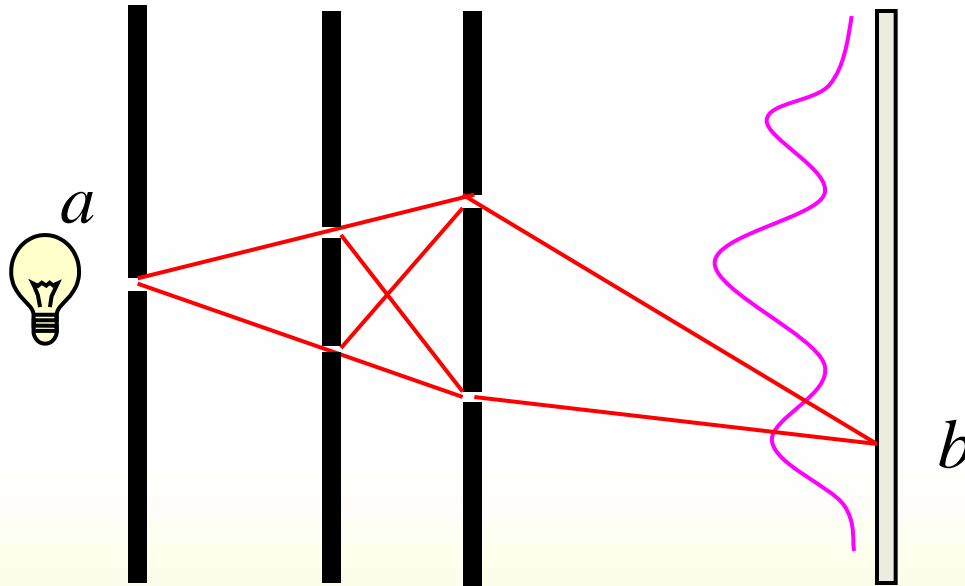
$h \ll R$ $\equiv g$

↑ 😊

itself the first term in a low-energy EFT of general relativity...

Going a bit deeper...

A short path to quantum mechanics



$$P = |A_1 + A_2 + A_3 + A_4|^2$$

sum over
all paths

$$A_i \propto \exp\left(i \int_a^b dt L(q(t))\right)$$

each path contributes a phase
given by the classical action

Path Integral

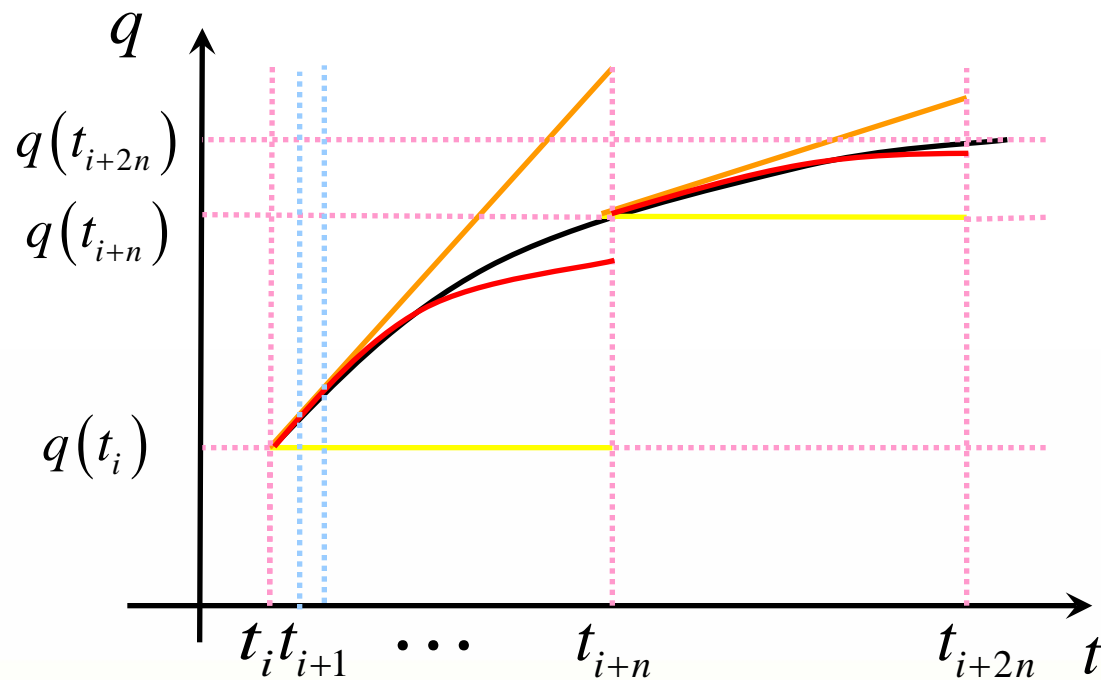
Feynman '48

$$A = \int Dq \exp\left(i \int dt L(q(t))\right)$$

$$\prod_i \int dq(t_i) \quad \text{"regularization"}$$

classical
path

$$\delta\left(\int dt L(q(t))\right) = 0$$



EFFECTIVE THEORY

$$1/M$$

← scale of fine-structure of dynamics

$$1/Q$$

← scale of variation of long-range dynamics

$$t_j \quad \square \quad t_{j+2}$$

← coarse-graining scale (cutoff)

$$1/\Lambda$$

$$L(q(t_i)) \rightarrow L(q(t_i) + \left. \frac{dq}{dt} \right|_{t_i} (t - t_i) + \frac{1}{2} \left. \frac{d^2 q}{dt^2} \right|_{t_i} (t - t_i)^2 + \dots)$$

More generally,

$$\begin{aligned}
 A &= \int Dq \exp\left(i \int dt L_{und}(q)\right) \times \int D\tilde{q} \delta(\tilde{q} - f_{\Lambda}(q)) \\
 &= \int D\tilde{q} \exp\left(i \int dt L_{EFT}(\tilde{q})\right) \prod_i \int d\tilde{q}(t_i) \delta(\tilde{q}(t_i) - f(q(t_i)))
 \end{aligned}$$

$$L_{EFT}(\tilde{q}) = \sum_{d,n=0}^{\infty} c_{d,n}(\mathbf{M}, \Lambda) O_{d,n} \left(\tilde{q}, \left(\frac{d^d \tilde{q}}{dt^d} \right)^n \right)$$

Wilson or
low-energy coefficients (LECs)

operators or
interactions

$$c_{d,n} \sim c_{0,0} / \mathbf{M}^{dn} \quad \text{natural}$$

$$\text{local} \begin{cases} q : \Delta t < 1/\mathbf{M} \\ \tilde{q} : \Delta t \sim 1/\mathbf{E} > 1/\mathbf{M} \end{cases}$$

$$e.g. \quad L_{EFT}(\tilde{q}) = \frac{m}{2} \left(\frac{d\tilde{q}}{dt} \right)^2 + \frac{m\omega^2}{2} \tilde{q}^2 + c_{0,0} \tilde{q}^4 + c_{1,2} \tilde{q}^2 \left(\frac{d\tilde{q}}{dt} \right)^2 + \dots$$

"second quantization"

+ Lorentz invariance

$$q(t) \rightarrow \psi(\vec{r}, t), \psi^*(\vec{r}, t) \rightarrow \psi(x), \psi^*(x) \quad \begin{array}{l} \text{representation} \\ \text{of } SO(3,1) \end{array}$$

$$dt \rightarrow dt d^3r \quad \equiv d^4x \quad \text{scalar}$$

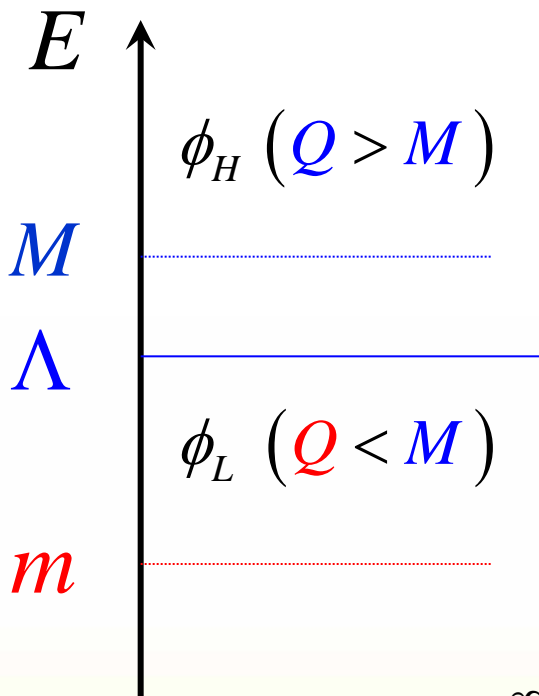
$$\frac{d}{dt} \rightarrow \frac{\partial}{\partial t}, \frac{\partial}{\partial \vec{r}} \rightarrow \frac{\partial}{\partial x^\mu} \quad \text{vector}$$

$$\int dt L(q(t)) \rightarrow \int dt \int d^3r \mathcal{L}(\psi(\vec{r}, t)) = \int d^4x \mathcal{L}(\psi(x)) \quad \text{scalar}$$

EFFECTIVE FIELD THEORIES

Euler + Heisenberg '36
Weinberg '67 ... '79
Wilson, early 70s

...



$$Z = \int D\phi_H \int D\phi_L \exp\left(i \int d^4x \mathcal{L}_{und}(\phi_H, \phi_L)\right) \times \int D\varphi \delta(\varphi - f_\Lambda(\phi_L)) = \int D\varphi \exp\left(i \int d^4x \mathcal{L}_{EFT}(\varphi)\right)$$

$$\mathcal{L}_{EFT} = \sum_{d=0}^{\infty} \sum_{i(d,n)} c_i(M, \Lambda) O_i((\partial, m)^d \varphi^n)$$

renormalization-group invariance

$$\frac{\partial Z}{\partial \Lambda} = 0$$

details of the underlying dynamics

local

underlying symmetries

$$\phi_H : \Delta x \sim \frac{1}{Q} < \frac{1}{M}$$

$$\phi_L : \Delta x \sim \frac{1}{Q} > \frac{1}{M}$$



characteristic external momentum

$$T = T^{(\infty)}(Q) \sim N(M) \sum_{\nu=\nu_{\min}}^{\infty} \sum_i \tilde{c}_{\nu,i}(\Lambda) \left[\frac{Q}{M} \right]^{\nu} F_{\nu,i} \left(\frac{Q}{m}; \frac{Q}{\Lambda} \right)$$

normalization

combinations of LECs

"non-analytic", from the solution of a dynamical equation (e.g. Schrödinger eq.)

"power counting" $\nu = \nu(d, n, \dots)$

e.g. # loops in a Feynman diagram

$\frac{\partial T}{\partial \Lambda} = 0$

For $Q \ll M$, truncate consistently with RG invariance so as to allow systematic improvement (perturbation theory):

$$T = T^{(\bar{\nu})} \left[1 + \mathcal{O} \left(\frac{Q}{M}, \frac{Q}{\Lambda} \right) \right] \quad \frac{\Lambda}{T^{(\bar{\nu})}} \frac{\partial T^{(\bar{\nu})}}{\partial \Lambda} = \mathcal{O} \left(\frac{Q}{\Lambda} \right)$$

N.B. Want large "model space" to reduce cutoff errors $\Lambda \gtrsim M$ but no need for (possibly ill-defined) $\Lambda \rightarrow \infty$

Two possibilities:

- know and can solve underlying theory --
get c_i 's in terms of parameters in \mathcal{L}_{und} by matching
- know but cannot solve, or do not know, underlying theory --
invoke Weinberg's "folk theorem":

The quantum field theory generated by the most general Lagrangian with some assumed symmetries will produce the most general S matrix incorporating quantum mechanics, Lorentz invariance, unitarity, cluster decomposition and those symmetries, with no further physical content.

S. Weinberg '79

Why is this useful?

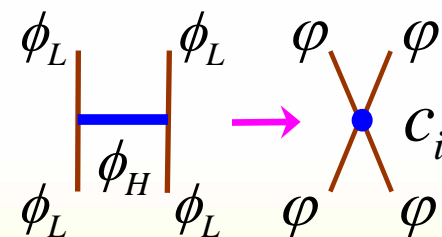
Because in general the appropriate degrees of freedom below M are not the same as above

φ

$$\phi = (\phi_H, \phi_L)$$

Examples:

- M is mass of physical particle -- virtual exchange in coefficients c_i (Appelquist-Carazzone decoupling theorem)
- M is scale associated with breaking of continuous symmetry -- appearance of massless Goldstone bosons or gauge-boson mass (Goldstone's theorem, Higgs mechanism)
- M is scale of confinement -- rearrangement of whole spectrum
- M is radius of Fermi surface -- BCS behavior



Bira's Recipe for an EFT

1. identify degrees of freedom and symmetries
2. construct most general Lagrangian
3. assume certain scales, do power counting
4. calculate observables in successive orders with all momenta $Q < \Lambda$
5. relate $c_i(\Lambda)$, Λ to observables and check they are independent of Λ
6. check convergence:
if good, declare victory
if not, repeat from 3; if problem remains, repeat from 1

not a model form factor

"Modern S-matrix theory" - S. Weinberg

- ✓ No dependence on specific fields
- ✓ Quantum field theory a tool to generate most general S matrix

"New conceptualization" of renormalization

- ✓ Reg + renorm is the process of connecting Lag to observables
- ✓ No infinities, nothing under the rug
- ✓ Choice of reg is psychology, RG invariance is physics
- ✓ Importance of lowest-dimension operators explained

The mother of all models

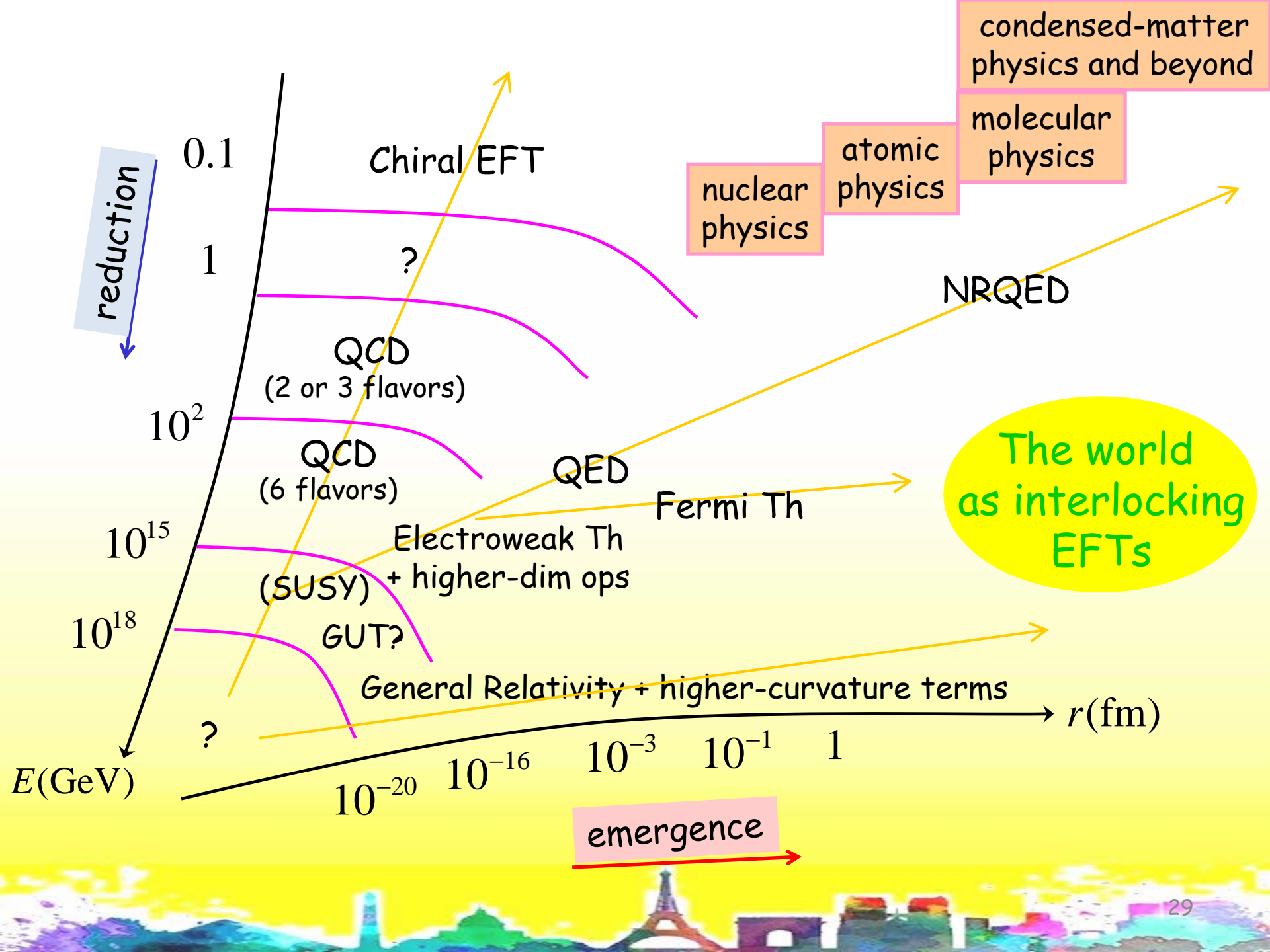
- models have fewer, but *ad hoc*, interactions and do not necessarily match the underlying theory
- models with the correct symmetry pattern can be reproduced by EFT with an infinite number of constraints in the LECs
- models useful in the identification of relevant degrees of freedom and symmetries, but plagued with uncontrolled errors

A significant change in physicists' attitude towards what should be taken as a guiding principle in theory construction is taking place in recent years in the context of the development of EFT. For many years (...) renormalizability has been taken as a necessary requirement. Now, considering the fact that experiments can probe only a limited range of energies, it seems natural to take EFT as a general framework for analyzing experimental results.

T.Y. Cao

*Renormalization, From Lorentz to Landau (and Beyond),
L.M. Brown (ed), 1993*





(fundamental – effective) theory \approx theology

but back to nuclear forces:



QCD

d.o.f.s

quarks: $q = \begin{pmatrix} u \\ d \end{pmatrix}$

gluons: G_μ^a

(photon: A_μ)

$Q \lesssim M_{EW}$

symmetries

$SO(3,1)$ global, $SU_c(3)$ gauge (+ $U_{em}(1)$ gauge)

$$\mathcal{L}_{QCD} = \underbrace{\bar{q} (i\partial + g_s G) q - \frac{1}{2} \text{Tr} G^{\mu\nu} G_{\mu\nu}}_{\text{quark and gluon kinetic terms}} + \underbrace{\bar{m} \bar{q} (1 - \varepsilon \tau_3) q}_{\text{quark mass term}} + \dots$$

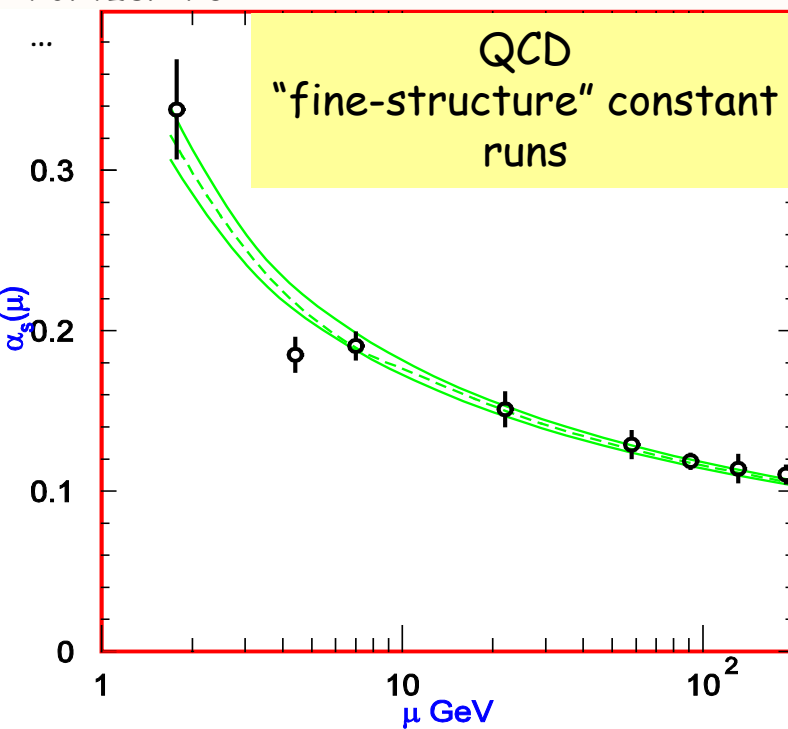
Basic mass scales

$$M_{QCD} \sim m_N, m_\rho, 4\pi f_\pi, \dots \sim 1 \text{ GeV}$$

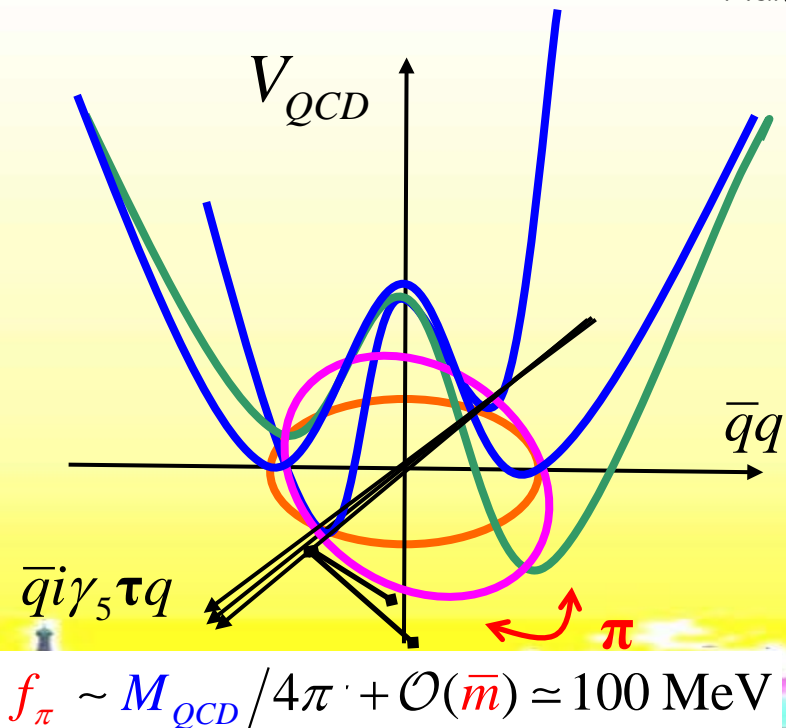
$$m_\pi \sim \sqrt{\bar{m} M_{QCD}} \simeq 140 \text{ MeV}$$

Gross + Wilczek '73

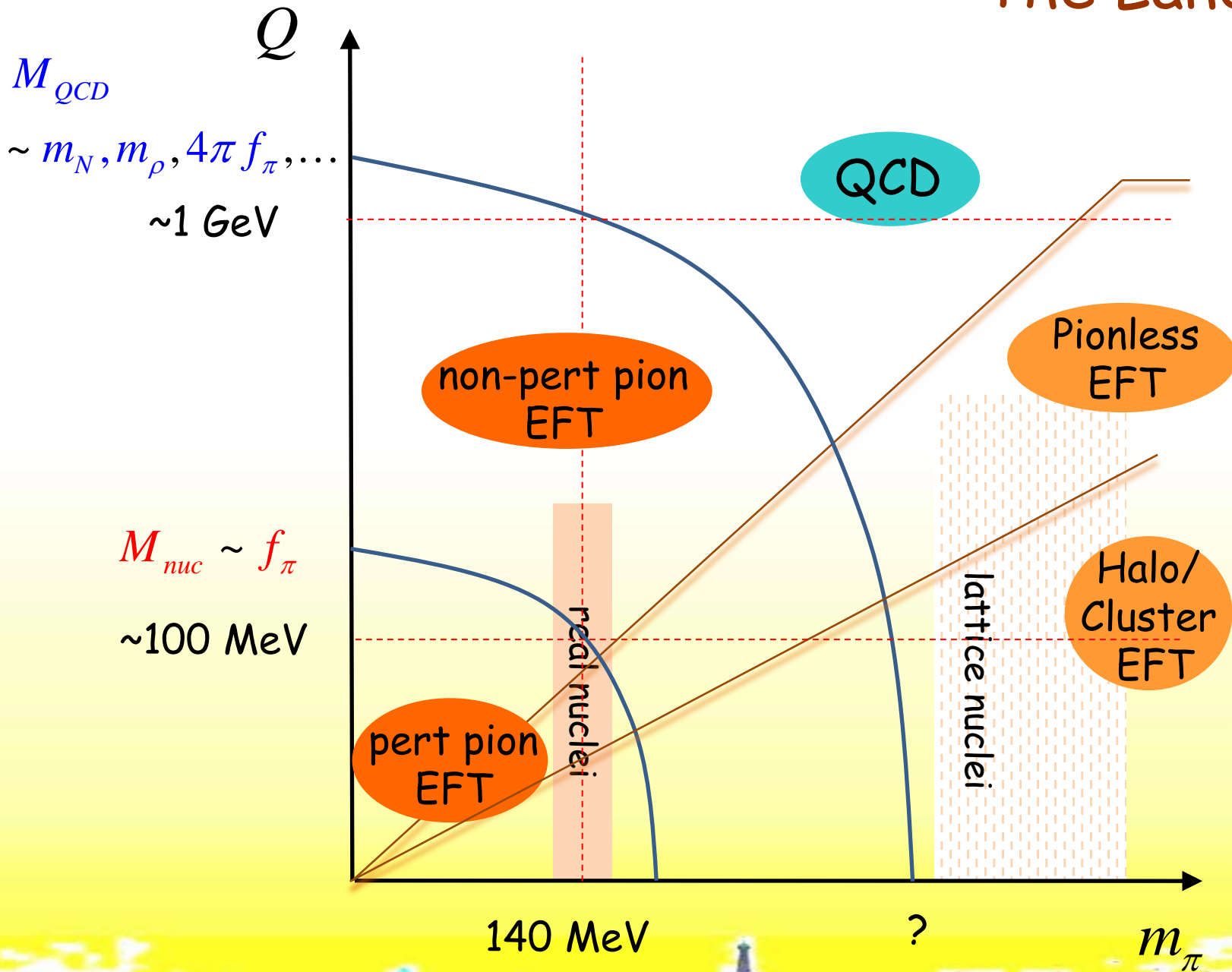
Politzer '73



Nambu '60



The Landscape



d.o.f.s

nucleons: $N = \begin{pmatrix} p \\ n \end{pmatrix}$

(+ Delta isobar, Roper)

Chiral EFT

$$Q \sim m_\pi \ll M_{QCD}$$

pions: $\pi = \begin{pmatrix} (\pi^+ + \pi^-)/\sqrt{2} \\ -i(\pi^+ - \pi^-)/\sqrt{2} \\ \pi^0 \end{pmatrix}$

(photon: A_μ)

symmetries

$SO(3,1)$ global, ~~$SU(2)_L \times SU(2)_R$~~ global (+ $U_{em}(1)$ gauge)

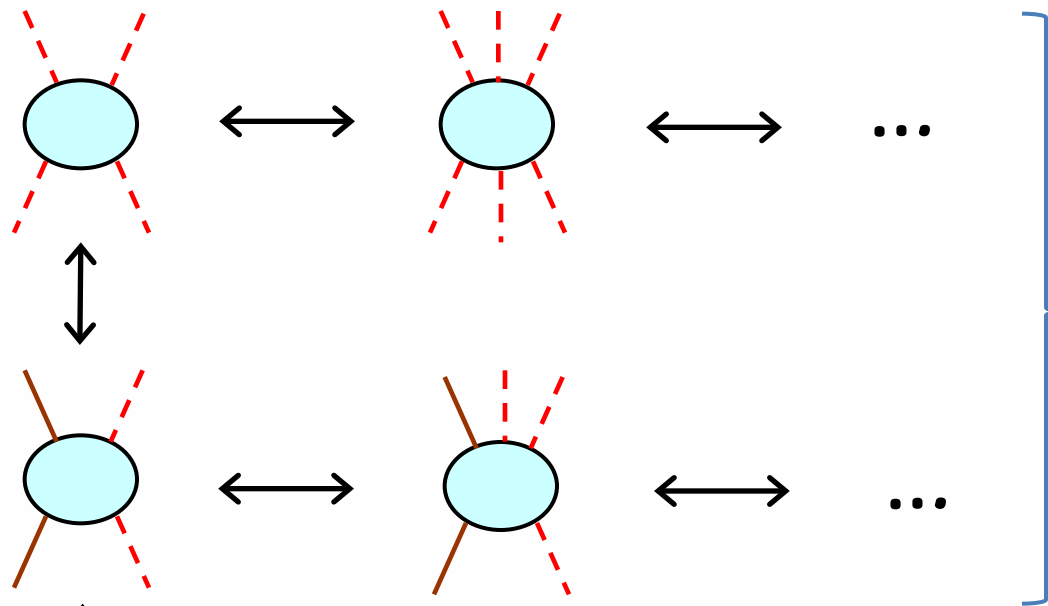
$$\mathcal{L}_{\chi EFT} = \frac{1}{2} \mathbf{D}_\mu \boldsymbol{\pi} \cdot \mathbf{D}^\mu \boldsymbol{\pi} - \frac{m_\pi^2}{2} \frac{\boldsymbol{\pi}^2}{1 + \boldsymbol{\pi}^2/4f_\pi^2} + N^+ \left(i\mathcal{D}_0 + \frac{\vec{\mathcal{D}}^2}{2m_N} \right) N + \frac{g_A}{2f_\pi} N^+ \vec{S} \boldsymbol{\tau} N \cdot \vec{\mathcal{D}} \boldsymbol{\pi} \\ + C_0 N^+ N N^+ N + C_2' N^+ N (\vec{\mathcal{D}} N^+) \cdot \vec{\mathcal{D}} N + \dots$$

other spin/isospin ,
more derivatives,
powers of pion mass,
Deltas and Ropers,
few-body forces,
etc.

$$\mathbf{D}_\mu = \left(1 + \boldsymbol{\pi}^2/4f_\pi^2\right)^{-1} \boldsymbol{\partial}_\mu$$

$$\mathcal{D}_\mu = \partial_\mu + \frac{i}{2f_\pi^2} (\boldsymbol{\pi} \times \mathbf{D}_\mu \boldsymbol{\pi}) \cdot \mathbf{t}^{(I)}$$

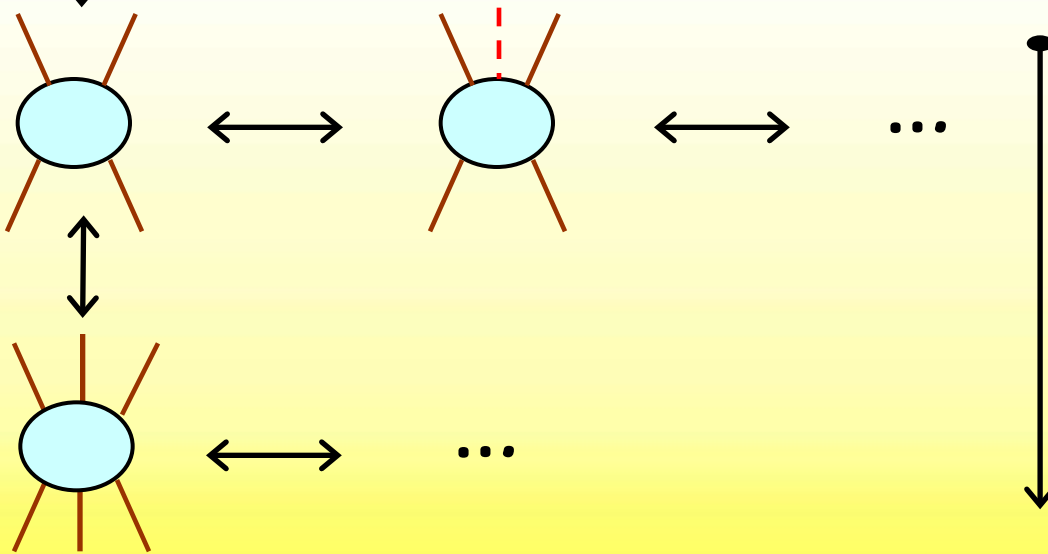
chiral covariant derivatives



Weinberg '79
 Gasser + Leutwyler '84
 ...

Chiral Perturbation Theory

Gasser, Sainio + Svarc '87
 Bernard, Kaiser + Meissner '90
 Jenkins + Manohar '91
 ...



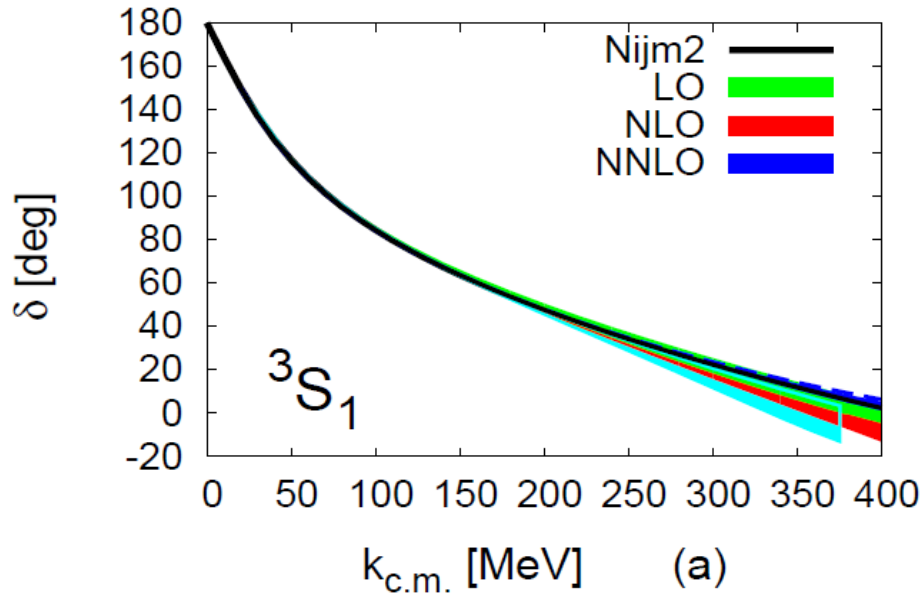
Non-perturbative!

Weinberg '90'91
 Ordóñez + v.K. '92
 Weinberg '92
 v.K. '94
 ...

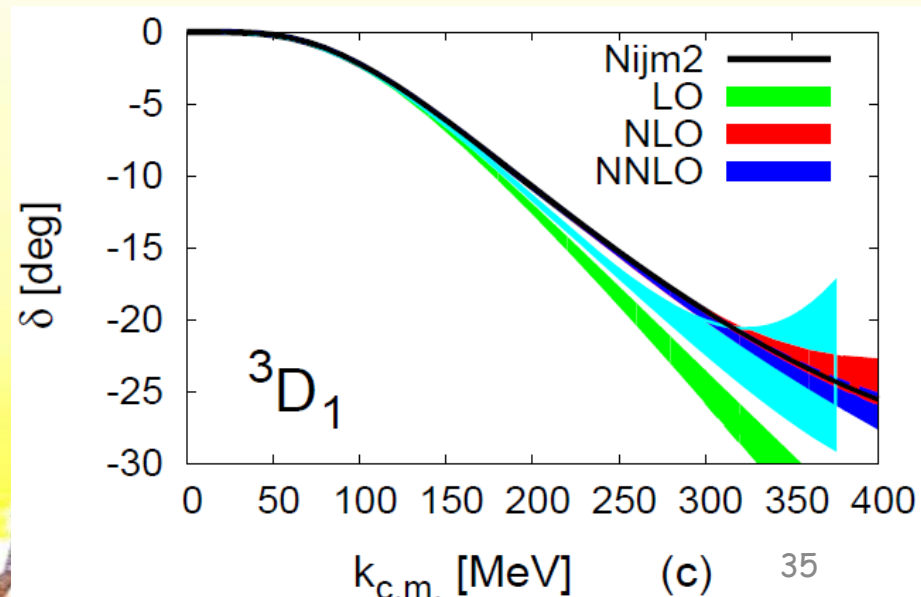
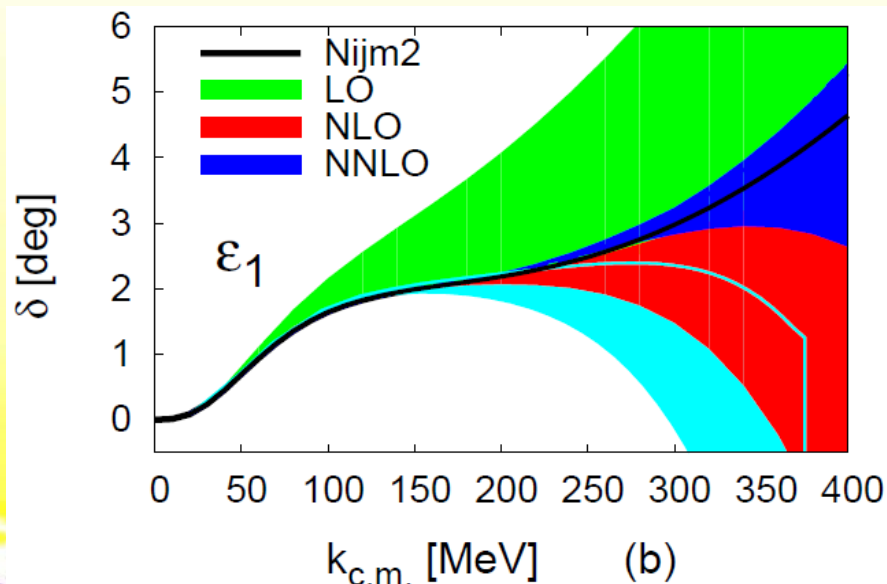


Example: NN scattering

Pavón Valderrama '10



bands:
coordinate-space cutoff
variation 0.6 - 0.9 fm
cyan:
NNLO in Weinberg's scheme



Re-inserted nuclear physics
in the context of particle physics

Took about 10 years
to be accepted by nuclear community

... and then only for the wrong reasons:
results comparable to those of
phenomenological potentials
when treated as
a phenomenological potential



Example: ground energies of many nuclei

Ab Initio Path to Heavy Nuclei

Sven Binder,^{1,*} Joachim Langhammer,¹ Angelo Calci,¹ and Robert Roth¹
¹Institut für Kernphysik, Technische Universität Darmstadt, 64289 Darmstadt, Germany
 (Dated: December 20, 2013)

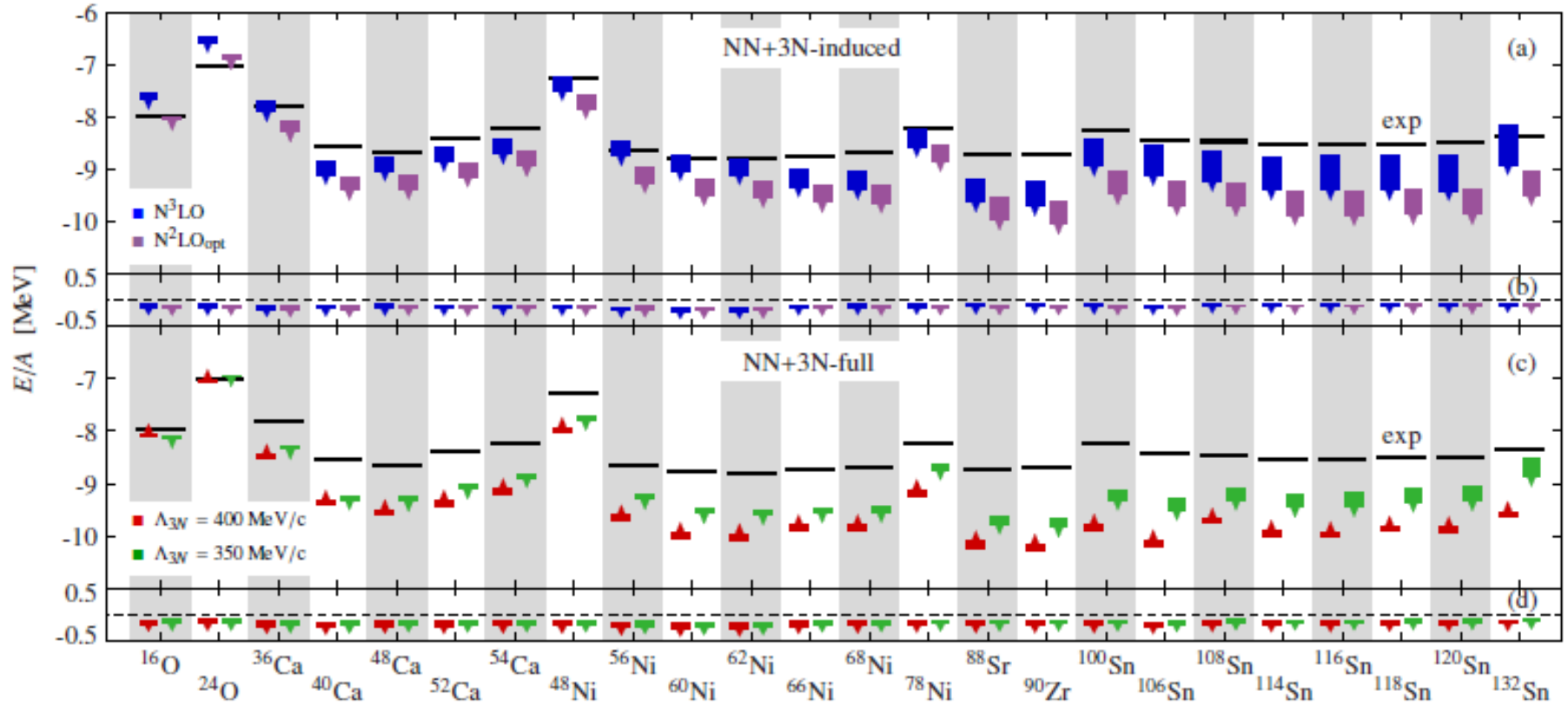


FIG. 5: (Color online) Ground-state energies from CR-CC(2,3) for (a) the $NN+3N$ -induced Hamiltonian starting from the N^3LO and N^2LO -optimized NN interaction and (c) the $NN+3N$ -full Hamiltonian with $\Lambda_{3N} = 400$ MeV/c and $\Lambda_{3N} = 350$ MeV/c. The boxes represent the spread of the results from $\alpha = 0.04$ fm⁴ to $\alpha = 0.08$ fm⁴, and the tip points into the direction of smaller values of α . Also shown are the contributions of the CR-CC(2,3) triples correction to the (b) $NN+3N$ -induced and (d) $NN+3N$ -full results. All results employ $\hbar\Omega = 24$ MeV and $3N$ interactions with $E_{3max} = 18$ in NO2B approximation and full inclusion of the $3N$ interaction in CCSD up to $E_{3max} = 12$. Experimental binding energies [32] are shown as black bars.

Re-inserted nuclear physics in the context of particle physics

Took about 10 years
to be accepted by nuclear community

... and then only for the wrong reasons:
results comparable to those of
phenomenological potentials
when treated as
a phenomenological potential

But that's another talk...

Here only two points:

- connection with underlying theory
- interplay with experimental data

d.o.f.s

nucleons: $N = \begin{pmatrix} p \\ n \end{pmatrix}$

(+ Delta isobar, Roper)

Pionless EFT

$$Q \ll m_{\pi} \ll M_{QCD}$$

pions: $\pi = \begin{pmatrix} (\pi^+ + \pi^-)/\sqrt{2} \\ -i(\pi^+ - \pi^-)/\sqrt{2} \\ \pi^0 \end{pmatrix}$

(photon: A_μ)

symmetries

$SO(3,1)$ global

(+ $U_{em}(1)$ gauge)

$$\mathcal{L}_{\chi EFT} = \frac{1}{2} \vec{D}_\mu \pi \cdot \vec{D}^\mu \pi - \frac{m_\pi^2}{2} N^+ \left(\frac{\pi^2}{4f_\pi^2} + \frac{\nabla^2}{4m_N^2} \right) N + \left(i \vec{D}_0 C_0 + \frac{\vec{D}^2}{2m_N} \right) N^+ N + \frac{g_A}{2f_\pi} N^+ \vec{S} \tau N \cdot \vec{D} \pi + C_0 N^+ N N^+ N + C_2 D_0^+ W^+ (N^+ W^+ N) \cdot \vec{D} W + \dots$$

other spin/isospin,
other spin/isospin,
more derivatives,
more derivatives,
powers of pion mass,
more-body forces,
more-body forces,
etc.
etc.

$$D_\mu = \left(1 + \frac{\pi^2}{4f_\pi^2}\right)^{-1} \partial_\mu$$

$$D_\mu \text{ (but different DLECs)}$$

chiral covariant derivatives

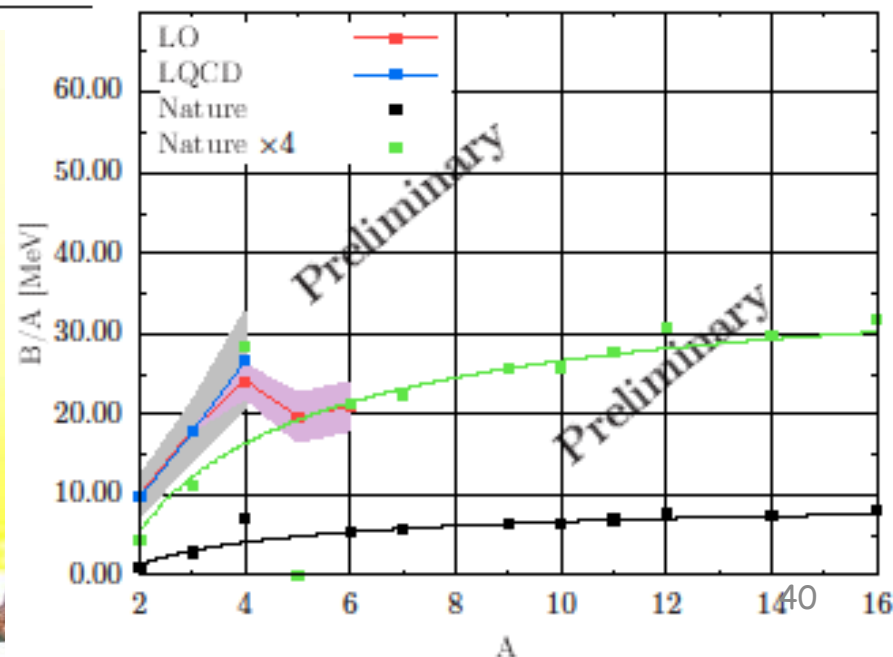
m_π	140	510	805	805
Nucleus	[Nature]	[5]	[6]	[This work]
n	939.6	1320.0	1634.0	1634.0 *
p	938.3	1320.0	1634.0	1634.0
nn	-	7.4 ± 1.4	15.9 ± 3.8	15.9 ± 3.8 *
D	2.224	11.5 ± 1.3	19.5 ± 4.8	19.5 ± 4.8 *
^3n	-	-	-	-
^3H	8.482	20.3 ± 4.5	53.9 ± 10.7	53.9 ± 10.7 *
^3He	7.718	20.3 ± 4.5	53.9 ± 10.7	53.9 ± 10.7
^4He	28.30	43.0 ± 14.4	107.0 ± 24.2	89 ± 36
^5He	27.50	[5] Yamazaki <i>et al.</i> '12		98 ± 39
^5Li	26.61	[6] Beane <i>et al.</i> '12		98 ± 39
^6Li	32.00	[This work] Barnea <i>et al.</i> '13		122 ± 50

input

check

predictions

Lattice
QCD
Pionless EFT
at LO

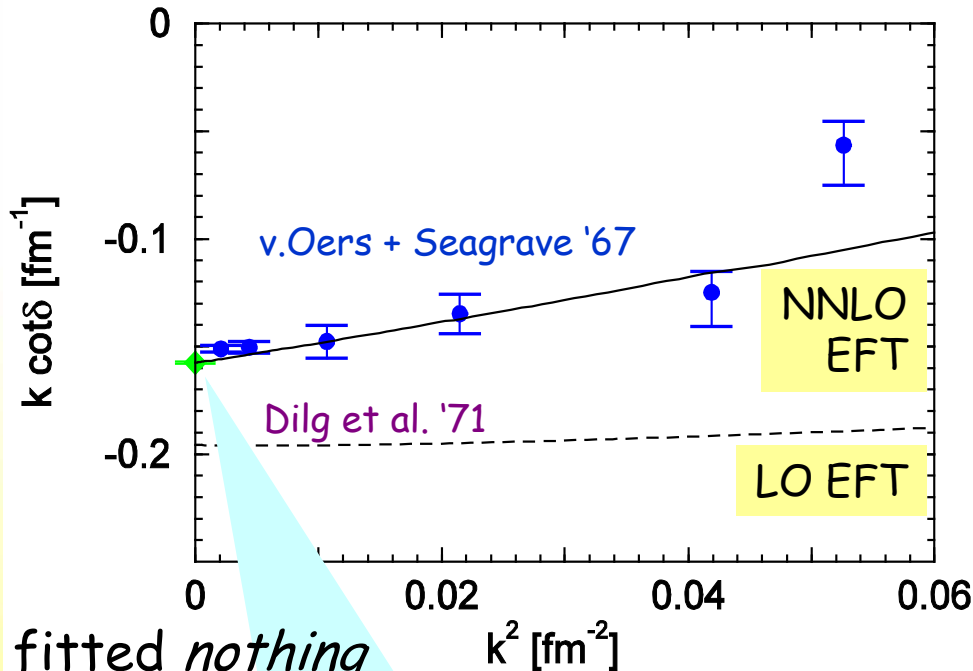


nd scattering with NN input

$S_{3/2}$

Bedaque + v.K. '97
Bedaque, Hammer + v.K. '98
...

no 3-body force up to NNNNLO



$a_{3/2} = 6.33 \pm 0.10$ fm (NNLO)

$a_{3/2} = 6.35 \pm 0.02$ fm (exp)

QED-like precision!

$S_{1/2}$

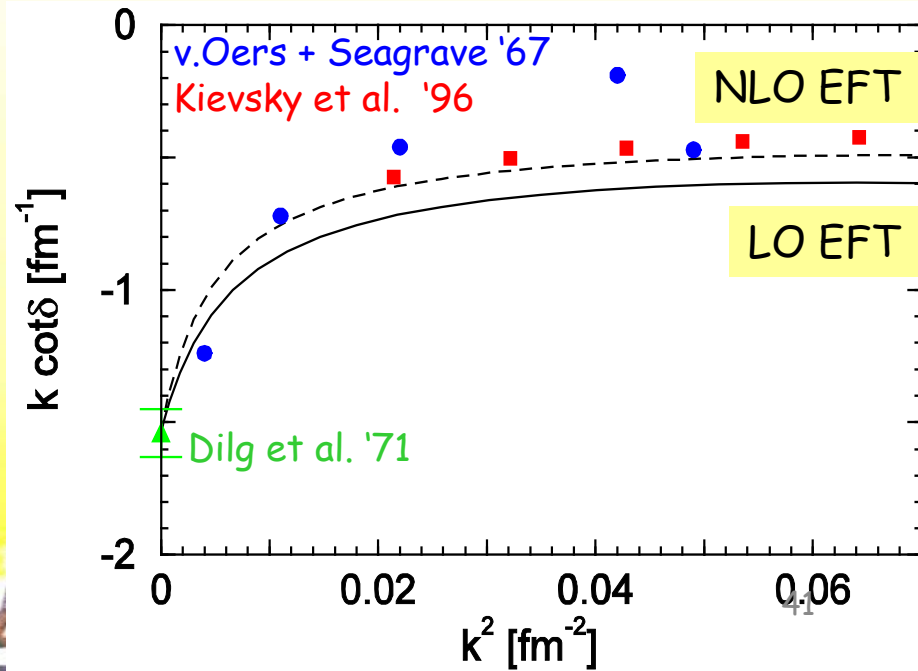
Bedaque, Hammer + v.K. '99 '00
Hammer + Mehen '01
Bedaque *et al.* '03
...

3-body force already at LO

fitted $D_0 \Rightarrow a_{1/2} = 0.65$ fm (exp)
predicted

$B_t = 8.3$ MeV (NLO)

$B_t = 8.48$ MeV (exp)



Many other successes,
but still ignored
by nuclear community
(perhaps because it cannot be treated as
a phenomenological potential)



Summary

EFT is a **general** framework for theory construction

- ✓ same method across scales
- ✓ model independent
- ✓ controlled expansion

EFT is (very slowly) becoming the paradigm in nuclear physics

- ✓ encodes QCD (and, more generally, B/SM)
- ✓ incorporates hadronic physics
- ✓ generates nuclear structure